



# NAUTILUS CABANA CLUB

## MORNING SELECTIONS

<b>PASTRIES</b> plain croissant, chocolate croissant, plain bagel, blueberry muffin	<b>4</b>
<b>HAM &amp; CHEESE SCRAMBLE WRAP</b>	<b>8</b>
<b>EGG WHITE SCRAMBLE WRAP</b>  spinach, mushrooms, tomatoes	<b>8</b>
<b>TROPICAL FRUIT CUP</b> <b>GF</b>	<b>6</b>
<b>HOUSE MADE GRANOLA PARFAIT</b> <b>GF</b>	<b>7</b>

## BEVERAGES

<b>SODAS</b>	<b>3</b>
<b>BOTTLED WATER</b>	<b>3</b>
<b>SPARKLING WATER</b>	<b>3.5</b>
<b>ORANGE JUICE</b>	<b>4</b>
<b>TAZO ICE TEA</b>	<b>3.5</b>
<b>LA COLOMBE COFFEE</b>	<b>7</b>

## BEERS

<b>ISLAMORADA LAGER, 5%</b>	<b>6</b>
<b>SOUTH BEACH BREWING COMPANY, 6.7%</b>	<b>6</b>
<b>PERONI, 5.1%</b>	<b>7</b>
<b>BUD LIGHT, 5%</b>	<b>7</b>
<b>CORONA, 4.5%</b>	<b>7</b>

## WINE

<b>SPARKLING</b>	<b>GL</b>
<b>LA MARCA, ITALY</b>	<b>14</b>
<b>PERRIER JOUET, FRANCE</b>	<b>22</b>
<b>WHITE</b>	<b>GL</b>
<b>CHARDONNAY, CALIFORNIA</b>	<b>12</b>
<b>SAUVIGNON BLANC, NEW ZEALAND</b>	<b>14</b>
<b>PINOT GRIGIO, ITALY</b>	<b>16</b>
<b>RED</b>	<b>GL</b>
<b>CABERNET SAUVIGNON, CALIFORNIA</b>	<b>12</b>
<b>MERLOT, CALIFORNIA</b>	<b>16</b>
<b>PINOT NOIR, FRANCE</b>	<b>12</b>
<b>TEMPRANILLO, SPAIN</b>	<b>12</b>

## ALL DAY

<b>CHICKEN CAESAR SALAD</b>	<b>12</b>
<b>QUINOA SALAD WITH GRILLED CHICKEN</b> <b>GF</b>	<b>15</b>
<b>VEGETABLE CHOPPED SALAD</b> <b>V</b>	<b>10</b>
<b>CHICKEN SALAD SANDWICH</b> mayo, celery, brioche bun	<b>12</b>
<b>CAPRESE PANINI</b> mozzarella, roasted tomatoes, basil pesto	<b>12</b>
<b>TURKEY WRAP</b> tomatoes, bib lettuce, swiss, avocado ranch	<b>12</b>
<b>ROAST BEEF SANDWICH</b> grain mustard, mayonnaise, provolone, arugula	<b>12</b>
<b>HUMMUS</b>  garden vegetables, naan bread	<b>7</b>
<b>CHICKEN EMPANADAS (1)</b>	<b>4</b>
<b>BEEF EMPANADAS (1)</b>	<b>4</b>
<b>SPINACH EMPANADAS (1)</b> 	<b>3</b>
<b>ARTISAN ROOT VEGETABLE CHIPS</b>	<b>3</b>
<b>POWER BARS</b> protein, fruit, peanut butter, mixed nuts	<b>4</b>

## COCKTAILS

ALL AT 14

### ARLO COLLINS

Hendricks gin, cucumber, thyme, black pepper, lime, club soda

### ARLO MARGARITA

Del maguey vida mezcal, grapefruit, rosemary, habanero, lime

### WAKE UP CALL

Jack Daniels rye, ginger, passionfruit, px sherry, lemon, club soda

### ARLO OLD FASHIONED

Old forester bourbon, apple brandy, fig, maple, orange & angostura bitters

### NEGRONI MEXICANA

Avion reposado tequila, campari, martini & rossi rosso, cacao nib

 - PLANT BASED, **V** - VEGETARIAN, **GF** - GLUTEN FREE

Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk of foodborne illness. 18% service charge and tax not included.