

## BUSINESS HOURS \*

CABANAS & TREATMENT ROOMS: 9 AM - 6 PM | IN-ROOM: 9 AM - 11 PM

\*By Appointment Only

After Hours May Be Subject To Extra Charge



## RESERVATIONS

Spa reservations can be made by contacting your concierge. Please let us know of any allergies upon booking your treatments. Our spa treatments can be billed to your room or paid by credit card or cash.

A **20% GRATUITY** will be added to all spa treatments.



## CANCELLATION POLICY

Due to the popularity and exclusivity of our spa services, appointments changes and cancellations will only be accepted up to four (4) hours and for groups 48 hours prior to the originally scheduled services, otherwise, the full cost of the services will be charged.



1825 COLLINS AVENUE

MIAMI BEACH, FLORIDA 33139

# Nautilus

by Arlo

# SPA

## TREATMENT MENU



*GUEST*

# *INTRO*

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**THE NAUTILUS SPA LOUNGE**

The mark of a great journey is how its many experiences make us feel... that emotional tug that conjures upon mere association of that special place.

Our spa lounge draws from the wellness- and ritualistic-rich region of the Indo-Pacific, enhanced with Eminence botanical skin care collections for a round-trip internal excursion towards balance and contentment. We encourage your mind to wander: relaxation, harmony, luxury, discovery... wherever or whatever you want to explore. All here; however, concludes at one final destination: Your best self.

# MASSAGES

## THE NAUTILUS

Jobba oil enriched with sea algae and green tea is trickled onto skin from a natural shell vessel, in a signature path to external and internal harmony. A massage with naturally heated lava shells delivers warmth and soothing strokes to maximize absorption of nutrients for soft skin, refreshed muscles, and a revived mindset.

⌘ 60 MINUTES \$ 150

## OUTDOOR OASIS RETREAT

Surrender yourself within the power and beauty of nature. Amongst palm-fringed views, enjoy a cabana massage of your preference enhanced with the timely sensation of either warm or cooling towels.

⌘ 60 MINUTES \$ 199

## THE ISLAND JOURNEY

Set your intentions with a full circle experience. Crushed coconut husks, organic lemon-grass and pure cane sugar gently brush the skin's surface, a full-body massage with flower-infused coconut oil penetrates with wellness, beauty, and aromatic effects. Final moments focus on a dedicated scalp massage to boost circulation for glowing skin and thoughts.

⌘ 80 MINUTES \$ 199

## SIX-HANDED SPIRAL

Created for The Nautilus, three of our therapists will use a signature technique of strokes inspired by the "marvelous spiral" of the shell. Relaxation deepens from foot to head as a rich blend of honey, shea butter, and pure silk deliver an enduring softness to your own outer shell.

⌘ 60 MINUTES \$ 399

## RED ISCOVERY MASSAGE

Enliven your time together even more with a dual massage. A Pacific Sea Salt aromatherapy oils combined with heated stones. Conjure a far-flung getaway with scents of orange, grape seed, and pomegranate as skin is indulgently relax and muscles rebalanced. A special moment to celebrate together.

⌘ 60 MINUTES \$ 350

# BODY

## THE ARLO PATH

A passion fruit and guava body rub will commence the journey to vitality with a natural exfoliate blend of Macadamia nuts and bountiful Amazonian fruits. Body and mind are then guided through a massage of pure Monoi de Tahiti oil, where Tahitian Tiare flowers and coconut oil meld in a treasured elixir that delivers a youthful appearance and alluring aromas.

⌘ 100 MINUTES \$ 199

## THE EXOTIC

A creamy scrub of Pacific sea salts washes away fatigue, replacing it with a healthy glow with the aid of exotic oils and butters and Nori Seaweed. The mind is unleashed with an invigorating fusion of Roman chamomile, grapefruit, high altitude lavender, lime, rose absolute, basil, peppermint, eucalyptus radiates for a peaceful energy ready to embrace the many sights, wonders and discoveries of the Magic City.

⌘ 75 MINUTES \$ 180

## THE CASTAWAY

A complete body experience, while the mind is seemingly alone on an island of tranquility. A coconut sugar scrub replaces impurities and preoccupations with deep hydration, followed by a custom massage with pure coconut oil to rescue tired limbs.

⌘ 60 MINUTES \$ 160

# TREATMENT

# FACIALS

## THE IRIDESCENT

Inspired by the jewel-like luminosity of the ocean's natural treasures. A foaming gel clarifies and protects skin with lavender, gentle coconut oil and abundant Aloe Vera that helps prevent immune suppression caused by UVB rays.

The cherry on top? An intoxicating exfoliation mask of sweet cherry puree, Resveratrol, and wine extract from red Cabernet-Sauvignn grapes grown in France wards against skin discoloration, fine lines and wrinkles, while detoxifying, purifying, and brightening overall appearance.

⌘ 50 MINUTES \$ 150

## COCO COLADA

Tropical decadence at its finest. A deliciously scented Peruvian Cocoa Azul Sugar Scrub softens limbs with organic Dagoba chocolate. A mousse blend of French cocoa, dark chocolate and blueberries is brushed onto skin, fortifying it potent antioxidants. Renewed and youthful hands and feet are then treated to a polish color of choice.

\$ 120

## THE FLAWLESS

A cultured ritual to beautiful skin. A Sesame Rice Cleansing Oil delicately dissolves dirt, creating a clear canvas for a Ginger Wasabi Masque to detoxify and replenish. Crushed freshwater pearls brighten skin as activated charcoal deep-cleanse pores and pure ginger stimulates circulation, while gentle conditioners of coconut milk and rice flour provide soothing hydration.

A final performance of Shiitake & Green Tea Antioxidant Serum with authentic crushed freshwater pearls saturates the skin with potent antioxidants (a mainline defense against everyday toxins and environmental damage), temporarily tightening and lifting facial tissue for a lustrous look.

⌘ 50 MINUTES \$ 160

## THE JAVANESE

The mind is whisked away as hands and feet are treated to the caress, aroma and beauty of topical flowers. A Mandi Lulur Petal Bath awaits with a vibrant blend of marmalade roses, purple peonies and calendula petals, as Epsom salts release muscle tension.

Crushed coconut husks, organic lemongrass and pure cane sugar fuse with authentic Monoi de Tahiti oil for an unforgettable buffer and massage that locks in moisture and youth. Fingers and toes are tipped in a polish of your choice.

\$ 130

# PACKAGES

## THE DREAMER

A facial and massage duo with an emphasis on relaxation. A light gel face mask enlists soothing agents Aloe Vera and Prickly Pear Cactus to replace redness with hydration and plumpness. Benefits are locked in via a Lavender Protective Creme that guards skin against UV elements with calm-ing effects. Next, body and mind drifts further toward serenity with a full-body massage applied with Lavender Blossom oil.

⌘ 90 MINUTES \$ 299

## THE PACIFIC SHORELINE

Come ashore with a clarifying blend of precious plant extracts found throughout the Orient. A primary scrub of crushed rice infused with green tea invigorates and prepares the body to receive the detoxifying benefits of the Sea Kelp & Green Tea Masque. Coconut oil provides a creamy balance to the fresh, crisp scents of Thai Lemongrass in a concluding massage customized to your areas of choice.

⌘ 120 MINUTES \$ 325

# MANI/PEDI

\* All hand washings incorporate a drizzle of Manuka Honey, A rare variety harvested only in New Zealand, yet universally recognized for its restorative & antibacterials properties.