

Sips & Sweets

Wine

Sparkling gl btl

Avisi Prosecco , Veneto, Italy, NV	12	46
Moet & Chandon , Champagne, France, NV	22	90
Veuve Clicquot , Champagne, France, NV	28	120

White gl btl

Pinot Grigio , Tenute, Italy, '15	12	46
Verdejo , Rueda, Spain, '17	12	46
Vermentino , Sella & Mosca La Cala, Sardina, Italy, '15	14	54
Sauvignon Blanc , Domaine Fournier, France, '14	14	54
Chardonnay , Les Charmes, Burgundy, France, '15	16	62
Gaba do Xil , Godello, Spain, '14		54
White Blend , Blindfold, Pirsoner, California, '12		62
Chardonnay , St Jean, Sonoma Coast, California, '11		68

Rosé gl btl

O'd'azur , Cotes De Provence, France, '17	12	46
Fleur De Prairie , Cotes De Provence, France, '17	14	54

Red gl btl

Tempranillo , Sangre de Toro, Catalunya, Spain, '15	12	46
Pinot Noir , Gerard Bertrand, France, '15	12	46
Cabernet Sauvignon , Uppercut, California, '15	14	54
Swmma Varietalis , Red Blend, Spain, '14	18	70
Cabernet Sauvignon , Daou, Paso Robles, California, '12		60
Syrah , Qupe, Central Coast, California, '12		60
Gaja , Ca'marcanda, 'Promis', Tuscany, Italy, '12		92
Cabernet Sauvignon , Chateau St. Jean, Sonoma, California, '11		70

Desserts

all at 9

Chocolate Lava Cake
vanilla ice cream, caramel popcorn

Keto Cheesecake
almond crust, cream cheese, stevia

Lemon Tart
sweet butter tart, toasted meringue

Trés Leches
sponge cake, cinnamon, vanilla

Tiramisu
coffee, lady fingers, mascarpone,
cocoa powder

Ice Cream & Sorbets
chocolate ice cream, vanilla ice cream,
coconut sorbet, raspberry sorbet

Beers

all at 8

Heineken Lager, 5%, Holland, NL

Heineken Light, 4.2%, Holland, NL

Corona, 4.5%, Mexico

Peroni, 5.1%, Rome, Italy

Stella Artois, 5%, Leuven, Belgium

Bud Light, 5%, St. Louis, MO

Cigar City, Jai Alai, Tampa, FL

Cigar City, Florida Cracker, Tampa, FL

In-Room Dining

Nautilus
by Arlo

Breakfast

7:00 AM - 11:00 AM

Beginnings

- Granola Parfait** yogurt, pepitas, dried fruit **8**
- Steel Cut Oatmeal GF-V**
dark brown sugar, dried fruits **8**
- Tropical Fruit Plate GF-V**
watermelon, pineapple, banana, papaya, dragon fruit **10**
- Avocado Toast**
pepitas, crispy capers, radish, sourdough **14**

Sweet Tooth

- French Toast**
dulche de leche, powdered sugar, strawberries **12**
- Belgian Style Waffle**
mascarpone, powdered sugar, strawberries **12**
- Pancakes**
mascarpone, powdered sugar, bananas **12**

Healthy Bowls

- Keto Green Bowl GF-V**
spinach, coconut, mct oil, stevia, hemp seed **12**
- Açai Bowl GF-V**
blueberries, dragon fruit, shaved coconut, flax seed **12**

Sides

- Two Eggs Any Style** **7**
- Applewood Bacon/Pork/Chicken** **4**
- Roasted Potatoes GF** **4**
- Bagel** cream cheese **4**
- English Muffin/Toast**, butter, jam **4**
- Smoked Salmon** **6**
- Avocado GF-V** **5**

Eggs

Served with roasted potatoes, toast

- Classic** **16**
two eggs any style, choice of bacon or sausage
- Classic Omelette GF** **12**
cheddar, smoked ham, onion
- Egg White Omelette GF** **12**
spinach, goat cheese, mushroom
- Eggs Benedict** **14**
black forest ham, hollandaise, poached eggs
- Steak & Eggs** **18**
churrasco, eggs over medium, chimichurri

Beverages

- Express Juices** **10**
K8: kale, spinach, chard, parsley, celery, bok choy
A3: apple, carrot, lemon, ginger
D3: dragonfruit, pineapple, lime, coconut water
- Fresh Juices** **5**
orange, grapefruit, cranberry, pineapple, apple
- Berry Smoothie**, almond milk **8**
- Sodas**, Coke, Diet Coke, Sprite, Ginger Ale **4**
- Tea** **4**
earl grey, english breakfast, jasmine,
green tea, chamomile, fresh mint
- Coffee** **4**
- Cappuccino** **4**
- Espresso/Double** **3/5**
- Latte** **4**
- Macchiato** **4**
- Evian (S)/(L)** **6/8**
- Badoit (S)/(L)** **6/8**

Nauti Bites

- Guacamole GF-V** **12**
corn tortilla chips, red onion, tomato, cilantro
- Hummus** tahini, olive oil, garlic **V** **11**
- Crab Cakes** **16**
panfried lump crab meat, fennel, spicy aioli
- Avocado Toast V** **12**
pepitas, crispy capers, radish, sourdough
- Grilled Octopus GF** **13**
frisée, chickpeas, piquillo peppers
- Peruvian Ceviche GF** **16**
catch of the day, ginger, aji amarillo, red onions, lime

Salads

Add chicken 6, shrimp 9, fish 9, steak 10

- Caesar Salad** **10**
sourdough croutons, parmesan
- Quinoa Salad GF-V** **14**
heart of palm, avocado, tomato, fresh lemon, olive oil
- Beet Medley GF-V** **14**
orange, spiced pepitas, arugula, goat cheese
- Tuna Niçoise GF** **18**
green beans, eggs, potatoes, tomato

Sides

- Sauteed Spinach GF** **7**
- Sauteed Mushroom GF-V** **7**
- Brussels Sprouts GF** **7**
- Sea Salt Fries** garlic aioli **V** **7**

All Day

11:00 AM - 11:00 PM

Sandwiches

Served with french or sweet potatoe fries, salad

- Nauti Chicken** **14**
choice of grilled or fried, spicy mayo, tomato, slaw
- Double Nauti Burger** **15**
cheddar cheese, caramelized onions, pickles, potato bun
- Wagyu Burger** **17**
8 oz patty, brie, tomato jam, brioche bun
- Roasted Veggie Panini V** **14**
mushrooms, asparagus, sundried tomato,
grilled squash, mozzarella
- Turkey Club** **14**
roasted turkey breast, bib lettuce, tomato,
garlic mayo, applewood bacon, white toast
- Keto Wrap** **16**
skirt steak, over easy eggs, spinach, cilantro aioli
- Salmon Burger** **16**
lettuce, tomato, old bay tartar sauce, scallions

Mains

- Churrasco** chimichurri, fries **18**
- Chicken Paillard GF** **16**
caponata tomato, arugula
- Lobster & Spaghetti Arabiatta** **22**
spicy tomato, half Maine lobster
- Cedar Plank Salmon GF** **22**
summer beans, baby carrots, lemon dill butter
- Catch of the Day GF** **18**
locally sourced fish, grilled or blackened, broccolini

Kid's Menu

- Chicken Tenders** french fries **9**
- Hot Dog** french fries **9**
- Cheeseburger** french fries **9**
- Penne Pasta** butter or marinara, parmesan **9**

Consumption of raw or undercooked seafood, poultry, meat or eggs increases your risk of contracting a foodborne illness. In-Room Dining delivery fee, 20% gratuity and tax not included.