

COCKTAILS + BEVERAGES

Spiked Lemonade <i>vodka, lemon, thyme</i>	15.00
Sweet Tea Sangria <i>sweet tea, peach</i>	15.00
Mimosa <i>freshly squeezed orange juice</i>	15.00
Screwdriver <i>freshly squeezed orange juice</i>	15.00
Greyhound <i>freshly squeezed grapefruit juice</i>	15.00
Mimosa Bucket <i>half dozen môtet minis + OJ</i>	125.00
HM3 Green Juice <i>kale, cucumber, melon, apple, ginger, lime</i>	12.00
Wake Up! Juice <i>carrot, orange, apricot, ginger</i>	12.00
Reboot Juice <i>beet, pear, lemon</i>	12.00
Freshly Squeezed Orange Juice	8.00
Freshly Squeezed Grapefruit Juice	8.00

ENTREES

Salad Bar	15.00
Avocado Toast	19.00
Bacon, American + Scallion Omelet	19.00
BC Roast Chicken	26.00
Creamed Chipped Beef on Toast	19.00
Egg White, Broccoli + Avocado Omelet	19.00
French Toast Sticks	19.00
Fried Chicken	24.00
Grilled Salmon <i>white wine sauce</i>	24.00
Ham Steak	19.00
Hanger Steak + Eggs <i>sauce marchand du vin</i>	29.00
Shakshuka	19.00
Three Eggs Any Style	19.00
Veal Meatballs <i>parmesan style</i>	26.00
Waffle	19.00
5 Sides as an Entree	26.00

HM3 BREAKFAST SPECIAL

2 eggs any style, grilled ham steak, home fries, bacon, french toast sticks, fruit salad
25.00 per person

SANDWICHES AND SOUP

sandwiches served with French Fries

Soup of the Day	13.00
Chicken Noodle Soup	14.00
Grilled Cheese + Bowl of Soup	18.00
Chicken BLT	21.00
HM3 Burger	19.00
Fried Fish Sandwich	21.00
Hot Chicken Sandwich	19.00
Turkey Club Sandwich	18.00
Veggie Burger	18.00

HM3 Market Bowl

Quinoa, Japanese Rice or Spinach + Three Toppings 19.00
 Broccoli, Cucumber Salad, Japanese Sweet Potato, Mixed Greens, Sliced Tomato, Spinach, Bacon, Egg, Grilled Salmon, Hamburger Patty, Smoked Salmon, Turkey, Avocado +3.00, Extra Protein +2.00

SIDES choose three

Broccoli + Rice Casserole	Cole Slaw
French Fries	Cucumber Salad
Grits	Fruit Salad
Home Fries	Grilled Romaine
Japanese Sweet Potatoes	Herb Salad
Macaroni + Cheese	Sautéed Spinach
Potato Puree	Sliced Avocado
Potato Salad	Warm Biscuit + Whipped Butter
Simple Japanese Rice	3 Bean Salad
Quinoa	

UPGRADES

Put An Egg On It + 1.00	Extra Avocado + 4.00
Seared Foie Gras +16.00	Overnight Oats + 4.00
Thick Cut Bacon + 6.00	Matcha Chia Seed Pudding + 4.50

HOT DOG DU JOUR 15.00

2 Hot Dogs + French Fries. Add a Cold Beer +3.00

Monday	NYC Dogs <i>street vendor onions</i>
Tuesday	Southern Dogs <i>cole slaw, cheese sauce, pickled okra</i>
Wednesday	California Dogs <i>avocado, cilantro, salsa, sour cream</i>
Thursday	JG's Dogs <i>chili, cole slaw, yellow mustard</i>
Friday	German Dogs <i>sauerkraut, spicy mustard</i>
Saturday	Chicago Dogs <i>relish, mustard, onion, pickles, tomato</i>
Sunday	Hotdog Johnny's <i>pickle wedge, chopped onion, yellow mustard</i>